

Your Support Services



Your Support Services

Session Host:

Lawrence Casey

BEL Careers & Employability



Acknowledgement of Country

- The University of Queensland (UQ) acknowledges the Traditional Owners and their custodianship of the lands on which we meet.
- We pay our respects to their Ancestors and their descendants, who continue cultural and spiritual connections to Country.
- We recognise their valuable contributions to Australian and global society.

The Brisbane River pattern from A Guidance Through Time by Casey Coolwell and Kyra Mancktelow.



Presenters



Leanne Carlton
Student Administration Officer
BEL Student Administration



Lauren Cunningham
Student Administration Officer
BEL Student Administration



Laura Breeuwer-Wrennall
Student Administration Officer
BEL Student Administration



Luke Gaiter
Senior Coordinator, Technology
Training & Accessibility
UQ Library



Catherine Fitzgerald
Manager, Student Support and
Wellbeing Services
Student Services



Jimi Bursaw
Student Advocacy & Support
UQ Union



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

CREATE CHANGE

BEL Faculty Student Administration Officers



Laura Breeuwer-Wrennall



Leanne Carlton



Lauren Cunningham

BEL Student Centre

Contact us for help

Visit: Level 2 Colin Clark Building (39)

Email: bel@uq.edu.au

Call: 07 3346 7111

<https://bel.uq.edu.au/>



BEL Student Centre

We're here to help you



Plan your program/
enrolment



Be aware of important dates
affecting enrolment



Understand your program
rules/requirements



Apply for credit



Change program



Make sure you're on
track to graduate



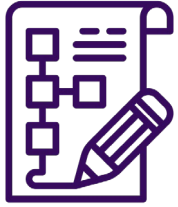
Level 2, Colin Clark building (39)



+61 7 3365 7111



bel@uq.edu.au



Program Planning

Create a program plan that best suits you and your major courses

- Read the official rules and course lists by clicking on the **Courses and requirements** button for your program on the Programs and Courses website: <https://my.uq.edu.au/programs-courses/faculty.html?faculty=bel>
- Identify which semester/s a course is offered and whether it has any prerequisite courses and/or restrictions.
 - Core/Major Courses: click on the courses in your course lists **Courses and requirements**
 - General Electives: search for courses on the Programs and Courses website: <https://my.uq.edu.au/programs-courses/>
- Plan to complete any prerequisite courses before the more advanced ones to avoid any delays in your academic progress.
- Review your plan each semester. Some courses may not be scheduled every semester or may change semesters each year. Prerequisites, companions and incompatibilities are also subject to change.
- Use a Progression Check Sheet to draft your plan and email bel@uq.edu.au to confirm its suitability.
- Refer to the faculty's recommended program plan for your program.

Recommended Program Plans

Will tell you in what order, and in which year and semester you should enrol in particular courses

Single program plans

Find your single program plan on the BEL Faculty website:

<https://bel.uq.edu.au/for-students/program-course-advice>

Dual program plans

Find your Dual Degree Planner on the Programs and Courses website:

<https://my.uq.edu.au/programs-courses/faculty.html?faculty=bel>





Progression Check Sheet

A self-check tool to track your completed courses and plan your future enrolments to ensure you meet the requirements of your program.

- Find your Progression Check Sheet on the BEL Faculty website under **Program and Course Advice**: <https://bel.uq.edu.au/for-students/program-course-advice>
- Choose your program and the year of your program rules
 - If you are enrolled in an external dual, you will complete the *Bachelor of XXXXX/External Dual* (i.e. Bachelor of Business Management/External Dual, etc.)
- Read through your entire progression check sheet, including the notes page to identify any program variations and/or restrictions that may apply to you.
- Review your *mySI-net studies report* to see what courses you have completed
 - Cross out any courses you have failed or withdrawn from.
 - Identify any courses transferred to you as credit from previous study at UQ or from another institution.
- Determine what compulsory courses haven't been completed, and check **Program and Courses** to see when they will be offered. <https://my.uq.edu.au/programs-courses/>
- Complete the Progression Check
 - Put a tick by any courses you have completed. ✓
 - Show the semester you plan to complete future courses (e.g., Semester 1, 2025 will become 1/25).
- Send your completed Progression Check to bel@uq.edu.au for a member of the Student Administration team to check.

Welcome to the UQ Library



Library support for students

Don't stress! Our great range of resources and services have got you covered.



Study Spaces



Computers



Online resources



Library and subject guides



Reading Lists



Print, scan and copy



Support



Library Study and learning support

AskUs



We're here to help

- Your first port of call for
 - Library resources
 - Library services
 - IT support
 - Digital Exam Support
- Find an [AskUs desk](#) at all our campuses
- [Contact](#) by phone, email, online chat and video call every day of the week
- Contact the Librarian team for help finding research materials and understanding referencing: librarians@library.uq.edu.au



Studying in the Library

Many different spaces to suit your needs:

- Quiet study zones
- Group work areas
- Low light areas
- Height adjustable desks
- Find locations, opening hours and study spaces at www.library.uq.edu.au



Bookable Library spaces






Book different spaces for quiet study, group work or assessment

- Individual rooms
 - Group rooms
 - Presentation room (Central Library)
 - Meeting booths for one or two people
 - Individual study pods
 - Online exam booths (with or without computer)
- Visit [UQ BookIt](#) or use QR codes to book




Your Library home page

Your library account

-  [Search history](#)
-  [Saved searches](#)
-  [Requests \(0\)](#)
-  [Loans \(0\)](#)
-  [Print balance \(\\$0.97\)](#) ▾

Learning resources and past exam papers

Search by course code or keyword



Your current courses

- [INDH7002](#) First Nations Hlth & Wellbeing
- [PUBH7034](#) Health Promotion Public Health
- [PUBH7027](#) Healthy Environments
- [PUBH7003](#) Qualitative Research
- [PUBH7614](#) Health Systems

[See all 8 classes](#)

Training [See all training](#)

28 January
Managing sensitive data...
Online

28 January
R dplyr: preparing data for analysis...
Online

29 January
UQ R User Group (UQRUG)...
St Lucia

Referencing

[Referencing style guides](#)
APA, Chicago, Vancouver and more

[Endnote referencing software](#)
Download and support

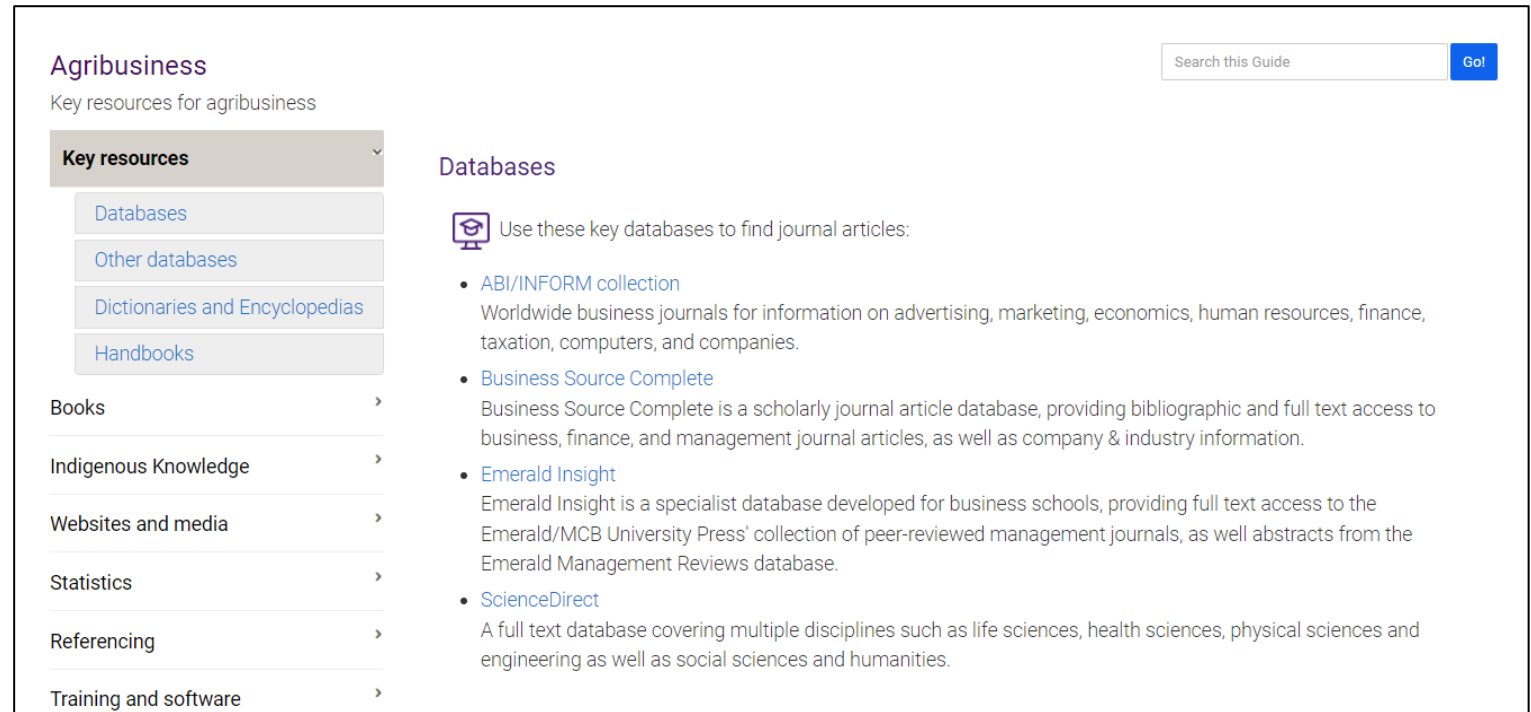
Read and publish

[Publish in the right journal](#)
Find and evaluate the best publishing options using Journal Search.

Visit [Read and Publish Agreements](#) for more information.

Library guides

- Find your [subject guide](#) to get started with your research
- Learn advanced search and data analysis tools and techniques



The screenshot shows a library guide for 'Agribusiness'. At the top right, there is a search bar with the text 'Search this Guide' and a blue 'Go!' button. Below the title 'Agribusiness', it says 'Key resources for agribusiness'. On the left side, there is a vertical menu with a dropdown menu for 'Key resources' which is currently expanded to show 'Databases', 'Other databases', 'Dictionaries and Encyclopedias', and 'Handbooks'. Below this menu are several other categories with right-pointing arrows: 'Books', 'Indigenous Knowledge', 'Websites and media', 'Statistics', 'Referencing', and 'Training and software'. On the right side, under the heading 'Databases', there is a sub-heading 'Use these key databases to find journal articles:' followed by a list of four databases: 'ABI/INFORM collection', 'Business Source Complete', 'Emerald Insight', and 'ScienceDirect', each with a brief description of its content.

Agribusiness

Key resources for agribusiness

Search this Guide **Go!**

Key resources

- Databases
- Other databases
- Dictionaries and Encyclopedias
- Handbooks

Books >

Indigenous Knowledge >

Websites and media >

Statistics >

Referencing >

Training and software >

Databases

Use these key databases to find journal articles:

- [ABI/INFORM collection](#)
Worldwide business journals for information on advertising, marketing, economics, human resources, finance, taxation, computers, and companies.
- [Business Source Complete](#)
Business Source Complete is a scholarly journal article database, providing bibliographic and full text access to business, finance, and management journal articles, as well as company & industry information.
- [Emerald Insight](#)
Emerald Insight is a specialist database developed for business schools, providing full text access to the Emerald/MCB University Press' collection of peer-reviewed management journals, as well abstracts from the Emerald Management Reviews database.
- [ScienceDirect](#)
A full text database covering multiple disciplines such as life sciences, health sciences, physical sciences and engineering as well as social sciences and humanities.

Peer Support

Do you need help finding your way around the library?
Your Library Peer Assistants are here for you!

They're fellow students who know exactly what it's like to navigate university life. Whether you're:

- hunting for that elusive textbook,
- looking for the perfect study spot, or
- just trying to figure out how borrowing works,

they've got your back.

You'll find us **around the Law library** ready to help or connect you with the right services.

Think of them as your friendly library guides – they've been in your shoes and are here to make your library experience easier.

Look for the Library Peer Assistant shirt and don't hesitate to say hi!



Generative AI



AI in your learning

Discover how AI is changing the way you study and how it can support your learning.



UQ's rules for using AI

Understand UQ's rules on using AI in assessments and maintaining academic integrity.



Acknowledge and reference AI use

Learn how to properly acknowledge and reference AI tools in your academic work.



Ethical and responsible use of AI

Use AI responsibly to support your learning while maintaining fairness, trust, and academic integrity.



AI access and training

Explore AI tools available for free to all students at UQ. Access free training workshops and self-paced guides.



Shaping UQ's AI future - have your say

Learn how UQ students are influencing AI policy and decisions at UQ. You can help shape UQ's AI policies by sharing your feedback and ideas.

- UQ has information and resources for students regarding Generative AI, centralised in the [AI Student Hub](#).
- UQ provides **free access** to Microsoft Copilot and Adobe Creative cloud software including Firefly.
- Students can use any AI they like, and the AI Student Hub includes guidance on responsible use and expectations for academic integrity.



Learn more:
bit.ly/ai-student-hub

We hope to see you in the Library soon!

askus@library.uq.edu.au

www.library.uq.edu.au





THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

CREATE CHANGE

BEL Careers and Employability

Discover opportunities to boost your employability



Lawrence Casey

Our team



Sebastian Hagebaum
Manager, BEL Career Services



Nicole Scarvelis
Manager, Work Integrated Learning



Carolyn Maltby
Career Services Advisor



Katie Dunlop
Career Services Advisor



Iain Munro
Work Integrated Learning Advisor



Gabriella Mitchell-Smith
Career Services Advisor



Carrie Beddis
Principal, Employability Advisor

No matter which stage you are at, we are here to help.



Explore

Explore your interests and discover your future career options



Develop

Develop your employability and connect with industry



Succeed

Build your experience and define your own success

Explore your interests and discover your future career options

Get involved and try new experiences to explore your interests, gather industry insights and develop key job search strategies and tools.



Register for [BEL Careers events](#)



Listen to our [CareerHacks](#) podcast



Join an [Employers@BEL](#) event for industry insights



Work through the BEL [Employability Essentials](#) online modules



Book in for a [career consult](#)

Have more questions?

Need advice on your career direction, how to sharpen your job applications or where to find valuable work experience opportunities?

Book a time to speak with a BEL Career Advisor in-person or online about your burning career questions.

<https://bel.uq.edu.au/for-students/careers/contact>



Stay connected!

BEL Careers and Employability
careers@bel.uq.edu.au
07 3365 4222

BEL Employability (Work-integrated Learning)
employability@bel.uq.edu.au



bel.uq.edu.au/careers



facebook.com/UQBELCareers

An aerial photograph of a city skyline in the background, with a dense urban area and a river winding through it. In the foreground, a university campus is visible, featuring several large buildings, green spaces, and a river. The sky is clear and blue.

Student Support and Wellbeing Services

Overview Sem 1 2025

Student Support and Wellbeing Services



Counselling

Offers a range of services to help students with emotional and mental health needs.



Accessibility and Welfare Advisers

Provide advice, practical support and solutions across a broad range of student needs.



Academic Skills Advisers

Help with identifying and developing study skills to support learning and academic delivery.



Get Involved & Experience

Provide opportunities for students to engage with peers by attending programs, events and activities.

UQ Counselling

Our professional counsellors are a unique team of social workers, counsellors and psychologists. We provide free and confidential counselling to all UQ students currently enrolled and located in Australia.

Wellbeing programs

We offer various groups that are readily accessible and targeted to specific issues which can have positive effects on mental health in combination with counselling.

UQ with you

High-quality, no cost, short-term counselling service provided by final year postgraduate counselling students and provisional psychologists.



Counselling Services



Wellbeing Programs

Groups tailored to specific needs and DIY resources.



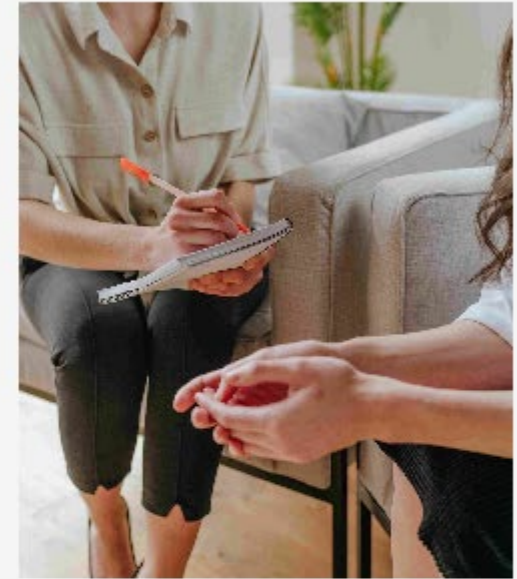
UQ Counsellors

1-to-1 counselling specialised to the Uni experience.



E-Mental Health

Free online courses that offer essential mood management skills.



UQ Counsellor Connect

Best of care model led by Master of Counselling students.

Accessibility and Welfare Team



The Accessibility and Welfare Team supports students with diverse experiences to ensure learning is accessible and inclusive, working closely with academic staff, examinations, faculties and UQ Library. Some of the tools we use to do this are:

- Student Access Plans (SAP)
- Exam Adjustments

The team also provide support to students who require assistance with:

- Accommodation
- Financial hardship
- Settling into UQ
- Health and wellbeing



Accessibility and Welfare Team

Neurodivergent Hub

ADHD Coaching sessions

Develop connections and strategies to support your studies.

Neurodivergent Meet-up

Come along to learn new skills and meet other neurodivergent students who are sharing your experiences.

Neurodivergent Check-in workshop

Learn how to identify challenges earlier in the semester and develop strategies to progress through the semester.

Neurodivergent Mentoring program

Have the opportunity for more tailored support and explore strategies through one-on-one support for the first 6 weeks of semester 1.

Tertiary Transition Toolbox

The TTT is a 2-day workshop offered in the lead-up to semester 1. This workshop assists neurodivergent students to transition into university life and study.



Academic Skills Advisers

Academic Skills Advisers can help you develop the study skills you need for university. Academic Skills Advisers provide one-on-one appointments and workshops in the following areas:



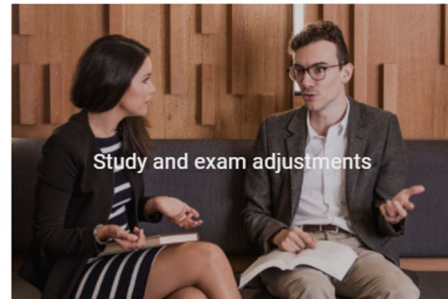
- **Develop assignment writing skills**
- **Clarify assignment expectations**
- **Understanding feedback on assignments**
- **Exam preparation**
- **Study Skills**
- **Group work tips**
- **Postgraduate study support**



Increase your learning potential

Learning advice and study support

<https://my.uq.edu.au/information-and-services/student-support/study-skills>



General study skills

Need more effective study strategies? We've got you covered with general tips, problem solving, critical reading, and more



Exam tips

Prepare for your exams. Find out more about the different exam types and tips to help you study



Assignment writing

Write better assignments. Learn about assignment types, writing strategies, and how to find a proofreader



Workshops

Student Life runs a range of workshops and sessions aimed at helping you improve your academic, life and wellbeing skills. There is something for all ages and academic stages.

Learning Advisers

Our advisers can help undergraduate and postgraduate students in all programs clarify ideas from workshops, help you develop skills and give feedback on assignments.

[Book an appointment](#)

> [How a Learning Adviser can help](#)





Increase your learning potential

Peer Writing Project: Bring your draft

Drop in to Workshop A and speak with a trained student Writing Leader

- Ask questions
- Get feedback on your writing
- Learn new strategies



Scan to find out more about
available workshops or visit:
my.uq.edu.au/workshops



Student Central

Offers a welcoming space for relaxation and assistance through various services for students.

In addition to wellbeing support, you can get help with –

- Enrolment and fees
- Orientation and timetables
- Program and course alteration
- Academic Progression
- Academic Records
- Certified Document
- Graduation



Building 42, St Lucia

8am – 5pm

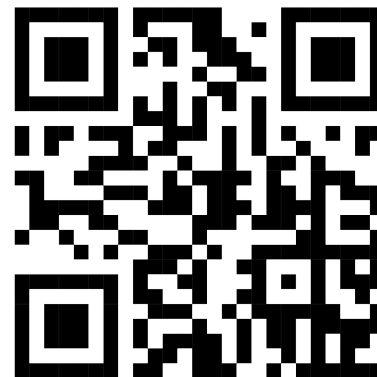
1300 275 870 (M-F, 8:30am to 5pm)



#UQLIFE

Your UQLife is more than just study – it encompasses a range of events, experiences and programs to keep you engaged, motivated and connected.

- UQ Life has lots of information and links to the various resources and activities that you can participate in, regardless of whether you are able to come to campus.
- Check this for upcoming events – <https://life.uq.edu.au/#UpcomingEvents>
- Join UQLIFE on Instagram: @uqlife and Facebook: @uqlife to keep up to date with what's happening on campus
- Sign up to Get Set – Peer mentoring program to meet new friends and learn from other students - <https://mentoring.app.uq.edu.au/p/p29>
- Check out UQ Mentoring to find peer, social, industry mentoring programs my.uq.edu.au/mentoring



GET INVOLVED

in the UQ community with:

- Volunteering
- Mentoring
- Student Voice
- Student Representation

life.uq.edu.au/get-involved



CRICOS 00025B : TEQSA PRV12080



@uqlife



@uqedge



@uqlife



@uqedge

Student Support and Wellbeing

student.services@uq.edu.au

07 3365 1704





STUDENT ADVOCACY & SUPPORT

WE'RE HERE TO SUPPORT YOU

FREE | INDEPENDENT | CONFIDENTIAL



you asked.
we listened.



While we work closely with the University, UQU and SAS are an independent body.

Services provided by SAS are available to all UQ students for **FREE**.

For more information or to book an appointment visit:

www.uqu.com.au/supporting-u



What is SAS?

FREE

Confidential

Independent



PERSONALISED SUPPORT in YOUR corner

- Trained Professional staff
- We are not UQ, we work for students (your Student Union)

EMPOWERING YOU

- Always operate in the interest of UQ students.
- Empower you with the skills & knowledge to support yourself in the future.

ACCESSIBLE

- Online Resources
- Face to Face
- Phone
- Skype/MS Teams
- Email consults at peak times

SAS Stats:



- Over 4000 appointments a year
- A dozen seasonal Clinics (Visa and Progression)
- Online resources see hundreds of downloads each semester
- Students rate over 95% satisfaction across our services
- Working with us saves students between \$600 & \$1000 on average
- Provided over \$70,000 given out in financial first aid
- Cost of Living Week (coming March 24th 2025) helped over 1000 students.



ACADEMIC

**HELPING YOU WITH
UNIVERSITY DECISIONS,
POLICY AND EQUITY**

Academic appointments may include:

- Re-mark/Assessment issues
- Equity, discrimination & harassment
- Removal of Course
- Progression Improvement applications
- Student misconduct
- Appeals
- Grievance/complaints

ACADEMIC



JOB PREP

**GIVING YOU THE SKILLS TO
FIND A PART-TIME OR
CASUAL JOB**

Casual Job Prep appointments may include:

- Advice on finding part time and casual work in retail and hospitality jobs
- Resume & Cover letter advice
- Job interview advice
- Australian casual work landscape

ACADEMIC



LEGAL

**OUR SOLICITOR IS AVAILABLE TO HELP
YOU WITH ADVICE ON A RANGE OF
LEGAL MATTERS**

Legal appointments may include:

- Civil disputes
- Consumer complaints
- Residential tenancy matters
- Family law matters
- Intellectual property
- Motor vehicle accidents
- General legal advice/referrals

ACADEMIC



**HELPING STUDENTS MAINTAIN THEIR
VISAS**



Visa appointments may include:

- Practical visa advice
- UQ enrolment related visa issues
- Student visa extensions
- Student visa emergency assistance
- Other student visa matters

ACADEMIC



**PROVIDING SUPPORT AND HELP TO
STUDENTS EXPERIENCING ADVERSITY
THAT'S IMPACTING THEIR LIVES AND
STUDIES**



Welfare appointments may include:

- Emergency financial relief
- Community events & Wellbeing prevention activities
- Centrelink advice
- General wellbeing & welfare support for issues happening in your life
- “Adulting skills”
- Referral to specialized services within and beyond UQ

ACADEMIC

BOOK AN APPOINTMENT

or

Access our Resources & Guides

- FACE TO FACE
- ONLINE
- PHONE



WEBSITE

<https://www.uqu.com.au/supporting-u>

PHONE

3377 2200

OFFICE

LEVEL 4

UNION COMPLEX (BUILDING 21A)

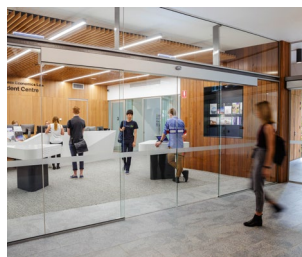
ST LUCIA

Important links



UQ Library

<https://www.library.uq.edu.au/>



BEL Student Centre

<https://bel.uq.edu.au/for-students/help/bel-student-centre>



Student Services

<https://my.uq.edu.au/contact/student-central>



UQ Union

<https://uqu.com.au/>



BEL Careers & Employability

<https://bel.uq.edu.au/for-students/careers>



Business Economics and Law

<https://bel.uq.edu.au/for-students/new>

Thanks for joining us!

A recording and the presentation slides will be made available. Watch out for an email later this week with the links.

